What to Do in Case of Overdose or Accidental Poisoning

Poisoning, which includes drug overdoses, is the leading cause of accidental death in Massachusetts.

- Call 911 if an overdose occurs and someone has collapsed, is having seizures, won’t wake up, or has stopped breathing.
- Unsure if there has been a poisoning? The fastest way to find out is to call the Poison Control Center at 1-800-222-1222. Experts are available 24 hours a day, 7 days a week.
- To prevent accidental poisoning, be sure to read the labels on all prescription and over the counter medications. Store medications in a secure location out of the reach of children and teens. Check directions and warnings. Inventory your medications every 6 months and dispose of expired pills.

DROP OFF SITES

SHARPS

ALDRICH SCHOOL TOWN HALL ANNEX
BOARD OF HEALTH OFFICE
14 HILL STREET
WHITINSVILLE, MA
(508) 234-3272
Hours:
Monday 8:30 AM—7:00 PM
Tuesday thru Thursday 8:30 AM—4:30 PM
Friday 8:30 AM—1:00 PM

NORTHBRIDGE SENIOR CENTER
20 HIGHLAND STREET
WHITINSVILLE, MA
(508) 234-2002
Hours:
Monday thru Thursday 8:30 AM—4:00 PM
Friday 8:30 AM—1:00 PM

RX MEDICATIONS

NORTHBRIDGE POLICE DEPARTMENT
1 HOPE STREET
WHITINSVILLE, MA
(508) 234-6211
Hours:
24 Hours/Day

FOR NORTHBRIDGE RESIDENTS ONLY

SAFE DISPOSAL OF SHARPS & PRESCRIPTION MEDICATIONS

Town of Northbridge
Board of Health
(508) 234-3272
Protect yourself, your community, your environment, and family and friends. The proper disposal of needles and syringes is important!

**WHY**
- Used sharps can cause injury & spread blood-borne diseases
- Hepatitis B, Hepatitis C, and HIV can all be transmitted by needle sticks.

**PROPER DISPOSAL**
- Use a sharps container! A sharps container is a single use container that is filled with used medical needles and disposed of safely.
- If you do not have access to a sharps container, place sharps in a puncture resistant container such as a rigid plastic bottle or coffee can with a secure cap. Please use size appropriate for quantity being disposed.
- Close container between uses & store away from children & pets.
- Deposit full sharps containers at a sharps collection kiosk.

**HELPFUL HINTS**
**DO** Put used syringes in a sharps container immediately.
**DO** Keep needles away from children and pets
**DO** Bring a sharps container when traveling
**DO NOT** Throw sharps in the garbage or recycling bin
**DO NOT** Flush sharps down the toilet or drop into storm drains
**DO NOT** Clip, bend, or recap needles

---

**SHARPS DISPOSAL**

Massachusetts Department of Public Health regulations (105 CMR 480) governing medical waste do not allow the disposal of sharps, lancets, and hypodermic needles by throwing them away in the trash and the household garbage.

The best, safest way to dispose of sharps is to place them in a designated sharps container, a container marked with the universal biohazard warning symbol. You may also use sturdy plastic containers such as those used for fabric softener or laundry detergent.

You can turn in your sharps for safe disposal, no questions asked, at the Aldrich School Town Hall Annex—Board of Health Office located at 14 Hill Street or at the Northbridge Senior Center located at 20 Highland Street.

**NO LOOSE NEEDLES!**
**KIOSKS ARE NOT EQUIPPED TO HANDLE LOOSE NEEDLES.**
**ALL SHARPS MUST BE PLACED IN STURDY, PUNCTURE PROOF CONTAINERS APPROPRIATE TO THE AMOUNT OF SHARPS BEING DISPOSED OF BEFORE DEPOSITING IN KIOSK.**

---

**RX DISPOSAL**

**SAFE RX DRUG DISPOSAL**

Turn in your unused or expired prescription and non-prescription drugs for free, safe disposal, no questions asked, at the prescription drug disposal kiosk located at:

Northbridge Police Station
1 Hope Street, Whitinsville, MA

Free disposal of medications includes:
- Rx Medications
- Over-the-Counter Medicines
- Pet Medicines
- Pills, capsules, and patches
- Ointments
- Vitamins

*Call the Northbridge Police Department at (508) 234-6211 for more information.*

Proper disposal of medicines protects you and your community. It prevents poisoning of children and pets, deters misuse of mood altering medicine by teens and adults, and keeps medicines from polluting streams and rivers when poured down the drain or flushed down the toilet.