



New Horizons

NORTHBRIDGE SENIOR CENTER

20 Highland Street
Whitinsville, MA 01588

508-234-2002

GAIL ANDERSON
DIRECTOR - SENIOR CENTER
EDITOR - NEW HORIZONS

TED HARINGA
CHAIRMAN
COUNCIL ON AGING

Monday - Thursday
9:00 AM - 3:00 PM

**MAY - JUNE
2012**

Friday
8:300 AM - 1:30PM



HAPPY MOTHER'S DAY

I wish you,

Clocks that run slowly
As the years pass by
And music played softly
For you to dream by.

I wish you,

New seasons and dreams
With your love close by;
Starshine and moonbeams,
Blessings from on high.

I wish you,

All the joy a heart can hold
With faith to lead the way;
Wishes come true - a hundred-fold
And a happy Mother's Day

Irene Larsen

Hello Friends:

I am writing this newsletter with mixed emotions as I will be retiring in June after twenty-five enjoyable years of working for the Town of Northbridge. I have made many friendships in the twenty-four years serving as the Director of your Senior Center, and will certainly miss the daily interactions with you.

Over the years we suffered through some difficult times with limited funding, but everyone always pulled together as a team. You, the seniors of Northbridge, have made the Senior Center one that the town should be very proud of and one that I have been honored to work for. I have the utmost confidence that the search committee will hire a new Director that will continue to offer the same services to you that you have come to depend on, it will just be a different face behind the desk.

I will miss all of you, but now look forward to having more time with my husband and family and have a chance to travel and do other things that I enjoy.

I wish you all the best of health and happiness always.

Mother's Day Sunday, May 13th

Gail Anderson, Director

SSI CHECKS

SSI (Supplemental Security Income) is a federal program of the Social Security Administration that provides monthly payments to certain individuals 65 or older, blind or disabled. Massachusetts provides additional money to **SSP** (State Supplement Program) recipients who live in this state. Until now, the federal government has been directly depositing both payments to peoples' bank accounts or by mailing them checks.

As of April 1st, there is a new system for receiving SSI payments. If you currently receive one (combined) check from Social Security, you will now receive a check from Social Security **and** a check from the Commonwealth of Massachusetts. **If you normally have the check deposited in the bank for you, you will now see two deposits that will add up to the same amount.** The Massachusetts deposit appears as "**SSI SUPP**". This change allows the state to save money by administering its own payment system.

It is important to note that **your total SSI payment will be the same**, but you will receive payments both from the Federal Government and from Massachusetts. The conversion occurs automatically and your payment totals will not be affected.

If you have any questions about this change, please call the **Massachusetts SSP Customer Service Center at 1-877-863-1128.**

SOURCE: Exec.Office of Elder Affairs & SHINE

TRANSPORTATION REMINDERS

Local Transportation via Senior Center Bus

All requests must be made **24 hrs in advance** unless there is an emergency appointment. You can always cancel if your plans change.

Out of Town Transportation via Volunteers

All requests must be made at least **48 hours in advance**. All fees must be placed in the provided envelope - we ask that you do not tip the drivers as they will receive a mileage reimbursement from the Senior Center.

NEWS FROM SHINE

Need help with prescription drug costs?
Prescription Advantage may be your answer!

Prescription Advantage is the state prescription drug assistance program for seniors and people with disabilities in Massachusetts.

Who can join?

Prescription Advantage is available to MA residents who are:

- 65 years of age or older and eligible for Medicare or;
 - 65 years of age or older and not eligible for Medicare or;
 - Under age 65 and meet disability guidelines.
- Please Note: Income limits may apply.

How can Prescription Advantage help you?

- If you have Medicare, Prescription Advantage helps pay for your prescriptions when you reach the Medicare Part D coverage gap (donut hole).
- If you are unhappy with your current Part D or Medicare Advantage plan, Prescription Advantage allows you to switch your plan **now**, instead of waiting for Open Enrollment in October.
- If you are NOT currently enrolled, but you need a Part D or Medicare Advantage plan **now**, joining Prescription Advantage allows you to enroll right away.

Applications for Prescription Advantage are available at the Senior Center or by calling 1-800-243-4636, then press or say 2.

Also, help is available from the SHINE program. Call the Senior Center AT 508-234-2002 and ask for an appointment with the SHINE counselor. Trained SHINE volunteers offer free, confidential counseling on all aspects of health insurance to anyone on Medicare. You may also call 1-800-243-4636, then press or say 3 to leave a message for a SHINE counselor.

SOURCE: The Executive Office of Elder Affairs
State SHINE Program



UPCOMING SPECIAL EVENTS

Tuesday, May 1, 10 - 11:30 AM

Coffee Hour with Senator Moore and presentations on Pharmacy Services, SHINE services, and Medicare Fraud. Come and enjoy refreshments with Senator Moore and obtain some important information.

Wednesday, May 2 at 1:00 PM

Exploring Funds Protected from Creditors, Nursing Homes, Probate and Medicaid Seminar presented by New York Life - Come and explore the various estate planning strategies designed to mitigate or eliminate estate taxes, probate expenses, and discover the consequences of poor decision making.

Monday, May 7th 10 AM

Keeping Your Home Risk Free - presented by Home Staff Agency

Wednesdays May 9th & June 6th at 10 AM

Fallon Representative - available to answer questions concerning Fallon's Senior Plans

Wednesday, May 16th at 4:30 PM

FINE Annual Banquet - Turkey Dinner catered by Jan's Catering with entertainment by "Mo-Co" on the accordian. Reservations by 5/9/12

Thursday, May 17th 10 AM - 12 PM

Free Hearing Screenings by Audiology Associates of Milford - take advantage of this opportunity to get your hearing checked at no charge. Call the center for an appointment.

Tues. May 15, May 29, June 26 - 11AM - 1PM

"Ask the Nurse" - health discussion and blood pressure checks. No appointments necessary.

Tuesday, June 12th 11 AM - 1 PM

"Keep Well Clinic" by VNA - blood pressure checks, medicine & health discussions.

Tuesday, May 22 & June 26 11:45

Monthly Birthday Party - during your birthday month, join us for a complimentary lunch.

May 25 & June 22 11 AM - 12 PM

Caregiver's Support Group - anyone who is caring for another person is welcome to attend.

Wednesday, June 6 1:30 PM

Volunteer Recognition & Ice Cream Social
For all Senior Center and Tri Valley volunteers.

Wednesday, June 20 12:45 PM

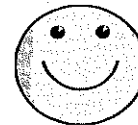
Musical Program by Hopkinton Senior Center's "Mello Tones" - everyone is invited

PLEASE NOTE:

The Tri-Valley Nutrition Site at the Northbridge Senior Center now open on Fridays beginning May 4th. Meal delivery drivers are needed - please call the center if you can help.

VOLUNTEERS

"Go the Extra



Mile with a Smile"

VOLUNTEER RECOGNITION EVENT

Northbridge Senior Center

June 6 at 1:30 PM

ALL SENIOR CENTER AND TRI-VALLEY VOLUNTEERS ARE INVITED TO JOIN US FOR AN ICE CREAM SOCIAL

The Northbridge Council on Aging will also present the "Volunteer of the Year Award" To a deserving person.

We hope that all our volunteers will attend in order that we can formally thank you for your dedicated service to the seniors of Northbridge.

Valuable

Obliging

Loving

Undaunted

Needed

Treasured

Earnest

Effective

Reliable



Courtesy of "Positive Promotions"



Northbridge Senior Center

MAY 2012



Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Sen. Moore 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class 7:00 PM - Town Mtg.- High School	2 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Estate Planning by NY Life 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	3 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Cribbage League	4 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
7 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Home Risk 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	8 9:00 AM - COA Meeting 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	9 9:00 AM - Billiards-All Day 10:00 AM - Fall on Rep 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	10 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Cribbage League 1:00 PM - FINE Bd Mtg.	11 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
14 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	15 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:00 AM - Ask the Nurse 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	16 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling  4:30 PM - FINE Banquet	17 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:00 AM - Hearing Screenings 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Cribbage League	18 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
21 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	22 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:45 AM - Birthday Party & Luncheon 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	23 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	24 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Cribbage League	25 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:00 AM - Caregiver's Support Group 11:45 AM - Lunch
28  MEMORIAL DAY HOLIDAY	29 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:00 AM - Ask the Nurse 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	30 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	31 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Cribbage League	



Northbridge Senior Center

JUNE 2012



Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
4 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	5 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	6 9:00 AM - Billiards-All Day 10:00 AM - Fall on Rep 11:45 AM - Lunch 1:30 PM - Volunteer Recognition	7 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - F.I.N.E Bd Mtg	8 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
11 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	12 9:00 AM - COA Meeting 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:00 AM - VNA Clinic 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	13 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	14 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch	15 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch
18 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge	19 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:45 AM - Lunch 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	20 9:00 AM - Billiards-All Day 11:45 AM - Lunch 12:45 PM - Musical Prg. "Mellow Tones" 1:00 PM - French Club 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	21 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - French Club	22 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:00 AM - Caregiver's Support Group 11:45 AM - Lunch 1:00 PM - French Club
25 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Needlework 10:30 AM - Chair Yoga 11:45 AM - Lunch 1:00 PM - Aqua Exercise 1:00 PM - Bingo 1:00 PM - Bridge 1:00 PM - French Club	26 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 11:00 AM - Ask the Nurse 11:45 AM - Birthday Party & Luncheon 1:00 PM - French Club 1:00 PM - Pitch & Scrabble 1:30 PM - Computer Class	27 9:00 AM - Billiards-All Day 11:45 AM - Lunch 1:00 PM - Genealogy 1:00 PM - Mahjong 1:30 PM - Wii Bowling	28 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 9:30 AM - Dart League 10:30 AM - Chair Yoga 11:45 AM - Lunch	29 9:00 AM - Billiards-All Day 9:00 AM - Co-Ed Exercise 10:00 AM - Craft Class 11:45 AM - Lunch



GUIDE FOR ELDERS

THE NORTHBRIDGE POLICE DEPARTMENT ANNOUNCES A NEW EMERGENCY NOTIFICATION SYSTEM

This new system will notify you directly of any emergency information that you should be aware of. It will provide you with helpful information during severe storms, power outages, heat waves, and other emergencies.

YOU MUST REGISTER FOR THIS SYSTEM
THROUGH THE NORTHBRIDGE POLICE
DEPARTMENT WEBSITE AT:
www.northbridgepolice.com

Click on the link to the "Code Red"
and enter your information

If you do not have a computer, see if a family member can help you, or you may register at the Senior Center or the Whitinsville Library. You may also call the Senior Center at 508-234-2002 and we will enter the information for you. You may register your home phone, cell phones, and email address.

In the event a telephone call is made to your phone from the CodeRed program, please be advised that the following numbers will appear on your caller ID: 866-419-500 (Emergency Caller Communication-Emergency Calls) or 855-969-4636 (ECN Community for General Information Calls).

OTHER IMPORTANT EMERGENCY INFORMATION NEEDED

The town is also in the process of doing some Emergency Preparedness planning and needs information from you in order to be able to assist you during power outages or other emergency situations. If you presently use any of the equipment below (or other pertinent equipment) **please notify the Senior Center** at 508-234-2002 so that you can be identified in the event of an emergency and receive the proper assistance. All information is kept in strict confidence.

Oxygen	Dialysis
CPap Machine	Wheelchair

The Gerontology Institute at the University of Massachusetts Boston published the fourth edition of The Guide for Elders: Planning that Protects You and Your Assets. Hard copies are available for \$10 from the Institute website at:

[www.umb.edu/gerontologyinstitute/
publications/resources/guideforelders/](http://www.umb.edu/gerontologyinstitute/publications/resources/guideforelders/)

If you prefer, you can now download the guide (62 pages) for free at:

[www.umb.edu/gerontologyinstitute/
publications/resources/](http://www.umb.edu/gerontologyinstitute/publications/resources/)

The Guide covers such topics as wills, powers of attorney, health care proxies, guardianship, and pre-nursing home planning. Financial and health care matters are often very complicated and confusing. The Guide is a clearly written booklet to show elders what steps they can take to get and keep their affairs in order, and it provides insight into how to prevent financial exploitation that we often hear about in the news media.

Although not intended as a substitute for individual counsel and assistance, the Guide contains sample legal forms and answers frequently asked questions on health care and financial planning topics.

SOURCE: Senator Richard T. Moore on behalf of UMass Boston Gerontology Institute

SIMPLE QUOTES BY ANDY ROONEY

(Andy recently died at the age of 92)

I've learned...

- "That the best classroom in the world is at the feet of an elderly person"
- "That being kind is more important than being right"
- "That sometimes all a person needs is a hand to hold and a heart to understand"
- "That everyone you meet deserves to be greeted with a smile"
- "That it's those small daily happenings that make life so spectacular"
- "That just one person saying to me "You've made my day!" makes my day."

FATHER'S DAY, SUNDAY JUNE 17TH

A FATHER MEANS.....

A Father means so many things...
An understanding heart,
A source of strength and of support
Right from the very start.
A constant readiness to help
In a kind and thoughtful way.
With encouragement and forgiveness
No matter what comes your way.
A special generosity and always affection too
A Father means so many things
When he's a man like you....
Author Unknown

Happy Father's Day!

**STATE CHARTERED BANKS
CAN SAVE YOU MONEY**

For many senior citizens in MA, dealing with finances in retirement can be stressful. Social Security, pensions, and savings only go so far, and as the cost of living goes up and up, that money does not go as far as it use to.

One way to stretch those dollars a little further is to sign up for an "18-65" bank account, which does not charge monthly fees for people ages 65 years and older or 18 years and younger. These accounts are available at local, state-chartered community banks across the state, and each person can open one checking account and one savings account.

Accounts covered by the "18-65" law are not subject to minimum balance requirements, have no charges for deposit or withdrawal, or fees for basic lines of checks offered by the bank. The Division of Banks has capped the fee for insufficient funds at \$5 on these accounts.

Two state chartered banks in our area are **UniBank** and **Saver's Bank**, but there may be others. A full list of all MA state-charted banks is available at www.mass.gov/dob or by calling the Division of Banking at 617-956-1501.

SOURCE: Executive Office of Elder Affairs

THE FRIENDS OF NORTHBRIDGE ELDER'S
CORDIALLY INVITE YOU TO ATTEND

THE ANNUAL F.I.N.E. BANQUET

WEDNESDAY, MAY 16, 2012

4:30 PM - 8:00 PM

NORTHBRIDGE SENIOR CENTER

20 HIGHLAND STREET

WHITINSVILLE, MA 01588

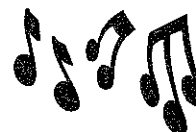
TURKEY DINNER

Mashed Potatoes, Stuffing, Glazed Carrots

Coffee & Dessert

Entertainment Provided by:

MO-CO & COMPANY



The cost for all F.I.N.E. members with dues paid for 2012 is \$13 per person
Non-Members are welcome at \$15 per person

Cut and Return Slip Below to the Senior Center

REGISTRATION DEADLINE: MAY 9, 2012

____ I / We plan to attend the F.I.N.E. Banquet

____ Enclosed is \$13/ person or \$15/person

____ I / We have paid the 2012 F.I.N.E. Dues

____ Enclosed are F.I.N.E. dues for 2012
\$5/one year or \$12/three years

____ I wish to make a special donation to
F.I.N.E. in the amount of \$ _____

NAME _____

Total Enclosed \$ _____

Total Number Attending Banquet _____

The Friends of Northbridge Elders, Inc.
20 Highland Street
Whitinsville, MA 01588

NON-PROFIT ORG.
U.S. POSTAGE PAID
WHITINSVILLE MA
PERMIT NO. 56

Memorial Day, Monday, May 28
LAST MONDAY IN MAY

We pause to remember those who died
With so much courage,
So much pride.

They'll never come back,
But memories endure
To remind us of freedom; fragile, pure.

We're worthy of their sacrifice

If we pause *each* day

Not just on the last Monday in May.



Author Unknown



IN SYMPATHY

The Northbridge Council on Aging, Senior Center, and the Friends of Northbridge Elders, Inc. extend deepest sympathy to the family and friends of the following people who have passed away from 2/1/2012 - 4/25/2012:

Fernand J. Adam
Idella M. Lyman
Elizabeth T. Gauthier
Stanley M. Branowicki
Stanley F. Kosciak
Harry Ampagoomian, Sr
Frances L. Dion
Charles R. Culgin, Jr.
Thomas "Tad" Wallace
Richard C. LaFlash
Victoria Anna Cardin
Asdghig "Lucy" Bedrosian
Lena D. Peters
Richard Boucher
Agnes Spratt
Julia Prince
Evelyn Vincent

Margaret Benson
George Kuindersma
Edward J. Flamand
Roland Cassavant
Edward Ciccone
William E. Perkins
Philip W. McMullin
Agnes Ebbeling
Delmar R. Kidd
Joyce Tina Bodwell
Loretta M. Vallee
Ida E. Clifford
Michael Avedisian
Brenda K. Defoe
Ronald J. Morin
Daniel R. Heney
Warren Kemp

COA MISSION STATEMENT

The Mission of the Northbridge Council on Aging is to enrich the lives of our senior community by providing services, programs, and support that allow for independence and quality of life.

COUNCIL ON AGING BOARD

Chairman : Ted Haringa
Vice Chairman: Marie Rebecchi
Secretary : Leon Duquette
Treasurer : Beverly Morrisette

BOARD MEMBERS:

Sue Bateman Kelly Bol
Wayne DeForest Phyllis DiPalma
Ken Guertin Joseph Montecalvo
Winnie Sears

ASSOCIATE MEMBERS: Sid Koopman, Jr.,
Burnie Miller

SENIOR CENTER STAFF

Gail Anderson: Director
John Orasy: Bus Driver
Mary Alex: Administrative Assistant
Adele Gentry: Outreach Worker
Jeannine Dionne: Program Coordinator
Anne Crosby: Transportation Coordinator
Bill Robidoux: Tri-Valley Nutrition Mgr.

PLEASE NOTE:

The cost of printing and mailing this newsletter is funded by a State Formula Grant administered through the Executive Office of Elder Affairs. We express our sincere thanks to the Governor and our Legislatures for their support of the COA Formula Grants.