

## PRESS RELEASE

Subject: Northbridge Special Education  
Parent Advisory Council  
Let's Get Organized

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Let's Get Organized – A Skill-Building Workshop for Families of Children with Special Needs presented by Barbara Donati, Central Regional Coordinator with Family TIES of Massachusetts will take place on Thursday, September 12, 2013 at Northbridge High School Media Center, second floor, 427 Linwood Avenue, Whitinsville, MA from 7 – 9 p.m.

The Northbridge Special Education Parent Advisory Council will be hosting this workshop that will help parents identify their own strengths and successes as well as give concrete written material to families as they continue to strengthen their skills. Children do not come with instructions and neither do the challenges you face when you are raising a child with a disability. This interactive workshop will focus on effective ways for parents to organize information and manage their educational and medical paperwork by building a customized binder for their child.

In her role with Family TIES, Ms. Donati provides support to parents to children with a variety of special needs, offering information and referral services, parent-to-parent support and mentoring, and trainings on a regular basis to both parent and professional groups. Barbara is also the parent of a young woman with Autism Spectrum Disorder. Family TIES is a project of the Federation for Children with Special Needs, with funding from the Massachusetts Department of Public Health.

For more information on this free parent workshop, please contact Kathy Lyons at 234-6224 or at [KathyL1@verizon.net](mailto:KathyL1@verizon.net) or visit our website at [www.northbridgespedpac.org](http://www.northbridgespedpac.org) or to register, please go to [www.massfamilyties.org](http://www.massfamilyties.org)

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